

THE YOGA LOUNGE COVID-19 PROTOCOL

The Yoga Lounge is committed, during the COVID-19 pandemic, to ensure that the transmission of the virus is minimized. As a commitment to its intention, the re-opening of common element amenities will only be undertaken to the extent that The Yoga Lounge is satisfied that it can do so in a way that minimizes the transmission of the virus and that the same is done, where reasonable, in accordance with all public health guidelines and laws.

The Yoga Lounge shall not be held responsible for the contraction COVID-19, nor exposure to COVID-19. The Yoga Lounge acknowledges and confirms that due to the rapidly changing parameters of COVID-19 and its intensity and spread, it can close the studio, at any time, without any advance warning or liability. Students and teachers are required to acknowledge the risks they assume; disclose and update personal information; and waive all claims against The Yoga Lounge at the outset, in the event that they contract COVID-19, or are exposed to COVID-19.

As data changes, The Yoga Lounge must remain flexible and will advise students and teachers that policies and procedures are subject to change as the information and conditions in the community change, which could include the closure of the studio. The Yoga Lounge has considered the following procedural steps in determining whether (and how) to open:

1. The Yoga Lounge has confirmed that re-opening of the studio are not in contravention of any municipal, provincial, or federal government Orders or Protocols.
2. The Yoga Lounge has determined the number of people who can safely be in the facility or space at the same time while maintaining a physical distance of 6 feet between one another.
3. The Yoga Lounge has determined which aspects or areas of the facility are essential and what modifications, if any, need to be put in place in order to maintain adequate physical distancing. For example, it has delineated physical distancing boundaries, created directional arrows on the floor and/or walls, re-located or removed equipment, provided sanitation stations and products, disinfecting wipes and identified the requirement that all users sanitize all of the equipment and surfaces immediately before and immediately after each use using the disinfecting wipes provided.
4. The Yoga Lounge has created a booking schedule and has executed a protocol prior to reopening.
5. The Yoga Lounge has created a pre-screening, sign-in and sign-out sheet protocol and a mandatory acknowledgement and release waiver to ensure no recent exposure and/or contraction. The Yoga Lounge has identified and specified the rules to be followed and has made these clear and visible to all students and teachers, including all signage and online resources. The Yoga Lounge must adhere to its internal protocols in order to adequately manage the risks and liability.
6. The Yoga Lounge will use reasonable best efforts to ensure that all students comply with the following “**COVID-19 Policy**” and that all students and teachers execute the attached “**COVID-19 Questionnaire**” and “**Acknowledgement and Release**” prior to each use:
 - (a) Students and teachers are only permitted to enter The Yoga Lounge if they:
 - (i) have not travelled outside of Canada within the last 14 days;
 - (ii) do not reside with anyone who has travelled outside of Canada within the last 14 days;
 - (iii) have not exhibited any symptoms indicative of COVID-19 within the last 14 days;
 - (iv) have not had any contact with anyone who has exhibited symptoms indicative of COVID-19 within the last 14 days;
 - (v) have not been to a hospital within the last 14 days;

- (vi) have not had any contact with anyone who has been to a hospital within the last 14 days;
 - (vii) have not tested positive for COVID-19 within the last 14 days;
 - (viii) have not been in contact with anyone who has tested positive for COVID-19 within the last 14 days;
 - (ix) are practicing all proper hygiene protocols recommended by the Federal, Provincial, and Municipal Chief Public Health Officers;
 - (x) are practicing social and physical distancing as recommended by the Federal, Provincial, and Municipal Chief Public Health Officers;
 - (xi) provide The Yoga Lounge with an executed copy of the “**COVID-19 Questionnaire**” prior to entering and using studio each time; and
 - (xii) provide The Yoga Lounge with an executed copy of the “**The Yoga Lounge Acknowledgement and Release**” in advance of entering and/or using the The Yoga Lounge for the first time.
- (d) Students and teachers must use the hand-sanitizer provided by the entrance to the studio immediately prior to entering and immediately prior to exiting the studio and before and after each use of equipment.
- (e) While waiting to enter The Yoga Lounge, and while inside The Yoga Lounge, all residents must maintain a distance of 6 feet between one another (with the exception of students who reside in the same unit as one another).
- (g) Residents must respect the designated boundaries and delineations in The Yoga Lounge.
- (h) Students and teachers are to wear masks while in The Yoga Lounge and while waiting to enter the The Yoga Lounge.

7. The Yoga Lounge has developed and implemented a communication strategy via signage and electronic means.

8. The Yoga Lounge has determined how it will manage the collection and storage of personal data, which is generated via booking and use of the studio.

9. The Yoga Lounge will be doing limited “contact tracing” to students and teachers, which will include the collection, use, and disclosure of information provided in the COVID-19 Questionnaire.

10. The Yoga Lounge has considered and ensured that human Rights are being protected and that owners/residents are able to be accommodated up to the point of undue hardship.

The Yoga Lounge’s first obligation is to protect the community and avoiding the creation of any risk of contraction of or exposure to COVID-19. Anybody exhibiting COVID-19 symptoms is not permitted to access the studio and must quarantine themselves for a minimum of fourteen (14) days.