

## **MAGNESIUM CHLORIDE**

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## **IMPORTANCE OF MAGNESIUM CLORUUM**

Chloride produces the mineral balance that animates the organs in the performance of their functions. Magnesium chloride eliminates uric acid from the kidneys. Chloride decalcifies to the thinner membranes in the joints and calcified sclerosis. Avoids infarctions by purifying the blood, rejuvenating the brain, restoring or retaining youth until old age. Of all the elements magnesium is the least administered. After 40 years the body absorbs less and less magnesium, producing old age and pain therefore, it must be taken according to age. From 40 to 55 years: half a dose (one dose = one cup of coffee). From 55 to 70: one dose in the morning. From 70 to 100 years: one dose in the morning and one in the evening.

## **PREPARATION**

Dissolve 1 liter 33.3 grams of magnesium chloride in a water bottle. After mixing well, keep in glass containers, not in plastic containers. A dose is equivalent to a coffee cup. People who are now hopeless to heal from the so-called "parrot beak", from the evil to the sciatic nerve, to the spine and calcifications, now have an effective, painless, simple and unhealthy cure. At the same time, the treatment is also effective for all the pains caused by magnesium deficiency, neglected to arthrosis.

## **MY CARE**

At age 61, that is, ten years before I began to cure, I felt acute fractures in the lumbar region. It was a "parrot beak", incurable according to the doctor. At that rheumatic pain remedied, curing me with Ketacil. After five years, despite the treatment, my right leg made me sicker. Finally, I remembered the origin of the pain, rising from the bed, I felt a tingling down the leg up to my foot. If I sat, the tingling ceased, if I got up again. It could only be the so-called parrot beak "which afflicted the sciatic nerve at the third vertebrae, except for the Mass, for years I spent my activities sitting as much as possible, it was a real torment, after many referrals, I decided to embark on the trip for the island of Harajo to complete a radio-telephony network. On the island since the spring, I hoped for an improvement, but that was not the case, I got worse again. parrot "progressed painfully. Microwave applications and tension to the spine did not stop the pain I could not sleep even relaxed I sat down almost dropping from the chair for the sleep I later found I could sleep slept in the bed like a cat, the pain grew to the point that I could not sleep or sat or crouched, I asked for help to the good God, only He could straighten me. Later I went to Porto Alegre to attend a convention of Jesuit Scientists. Father Suarez told me that care with Magnesium Chloride was simple and showed me the booklet discovered by Father Puig, a Spanish Jesuit. She told me that her mother was calcified like me. With the application of this salt became agile as a girl. Returning to Florianopolis, I took a dose every morning. Three days later, I took one dose in the morning and one in the evening. On the twentieth day I woke up no longer crouched, but lying in bed and without pain. If I was walking, the pain was still there. On the thirtieth day I got upset: I did not hurt myself anymore. On the fortieth day I walked all day

feeling just a slight weight to my leg. Ten months have passed, I feel agile and I almost blink like a snake. Magnesium removes calcium from the undesired points and firmly fixes it to the bones. My pulsations, which were less than 40 beats, are back normal. My nervous system is restored and much shiny. The blood, decalcified, is fluid. The frequent acute laryngeal limbs disappeared. Many ask what is happening to me, as judging by appearance, I look rejuvenated. In fact, I have regained the joy of living. Hundreds of people, after years of suffering for vertebral pain, osteoarthritis, uric acids, etc ..., are cured at the College of Santa Caterina.

### **MAGNESIUM CHLORINE HELPS CARE OF MANY AFFAIRS**

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cheinquelloanimaleilmagnesio“unelementooperatemperaturefactualfunctions.For that the organism, for diseases or deficiencies of different nature need of this mineral. In these cases, magnesium can be taken, in addition to condensed foods, also diluted in water in the form of magnesium chloride. Magnesium is a very important natural element for both animal and plant organisms. In the vegetable world, magnesium is the nucleus around which chlorophyll is produced, the green pigment indispensable for the life of the vast majority of plants. Thanks to chlorophyll (and therefore magnesium), those transformations that allow the plant to live and grow can take place. Consider, then, that chlorophyll also has a good deodorizing action and various pharmacological properties: cicatrizant, bacteriostatic (blocks bacterial infections), general tonic.

### **FOR OUR ORGANIZATION IS INDISPENSABLE**

Even for the animal body magnesium is indispensable. It is in fact essential for the activation of hundreds of chemical reactions. Our body contains about 25 grams of magnesium mostly located in the bones in the muscles, in the brain and in other organs such as the liver, kidneys, and testes. Its deficiency manifests itself with a variety of very variables of symptoms: from anxiety to muscular hyperexcitability (with tetanus and pathologically rapid neuro-muscular reflexes), from headache to vertigo, from insomnia to asthma, from heart rhythm alterations to excessive fatigue up to menstrual cycle disorders. Over the last century, medical research is concerned with the therapeutic uses of magnesium and, in this regard, interesting experiences have been conducted. For example, it has recently been found that magnesium intake in the first two weeks after a heart attack may reduce mortality by 55%. Women suffering from osteoporosis have seen the loss of bone mass in 87% of cases after two years of magnesium administration.

### **MAGNESIO'S CHARACTERS ARE FREQUENTLY**

Today unfortunately it is not uncommon for the body to be lacking in this precious nutrient. Some conditions (such as colitis, diarrhea, malabsorption, excessively drastic slimming diets, prolonged muscle strain, alcohol and medication, pregnancy, menopause, stress) result in a loss of magnesium or an increase in organic needs. On the other hand, the foods available today, often obtained with an excessive use of mineral fertilizers (which are unable to return to the soil all the substances absorbed by the plants) and subsequently processed and refined (that is, impoverished) contain very little magnesium. The same cooking of the plants in full

water causes a loss of magnesium which can reach up to 70 percent. The human body contains about 25 grams of magnesium located mostly in the bones, muscles, brain and other organs such as the liver, kidneys and testes. The daily magnesium requirement for an adult of about 70 kg is around 420 milligrams (ie less than half a gram). Magnesium is a metal. Magnesium (chemical symbol Mg) is a chemical element belonging to the metal group. Among the most abundant in nature, it accounts for approximately 2.3% of the Earth's crust. In the environment, magnesium is never in the pure state, but always in compounds with other chemical elements such as carbon, oxygen, sulfur, silicon, and chlorine. The most interesting and known compounds are different. Magnesium oxide is used as an antacid in stomach burners. Magnesium hydroxide is a laxative. Magnesium chloride, present in abundance in sea water to which it gives the characteristic bitter taste, has the special properties discussed in the article. Magnesium sulphate, also known as "English salt" is known to everyone as effective laxative. Among the most important minerals that contain significant amounts of magnesium, the dolomite (double calcium and magnesium carbonate) must be remembered as a whole mountain mass.

### **THE FAILURE**

Medical science today believes that the magnesium needs to go around, for an adult of 70 kg. around 420 mg per day (ie less than half a gram). In this regard, one can not go back to the results of a survey conducted by Egyptian farmers in 1932 by Schrunipf-Pierron. It was found on that occasion that the usual diet of rural populations in Egypt provided about 1,500 to 1,800 mg per day of magnesium, ie nearly two grams. Among Egyptian farmers, the incidence of cancer was 10 times lower than that of European and American populations and that of stomach cancer 50 times less. In addition, according to the researcher's observations, those peasants did not suffer from colds, flu, pneumonia and pleurisy, their daughters were very easy to bear and nursed children for more than two years, and the elders kept an elegant and harmonious run even in very advanced ages.

### **MAGNESI FIND IN A LOT OF FOODS**

Magnesium is mainly contained in the following foods: whole grains, soybeans, beans, vegetables usually grown using organic methods, seafood and, for the delight of greedy, cocoa and chocolate. Integral sea salt (available at all organic and organic food stores) is very rich in magnesium.

### **For Fortune Existing Magnesium Chloride**

One of the magnesium salts (namely magnesium chloride) can be used not only as a food supplement, but also as an important therapeutic tool for infectious diseases in particular. In 1915, prof. Pierre Delbet (associate surgeon of the Paris Academy of Medicine) informed colleagues of the results of his experiments to find a substance that would increase the body's protection against bacterial and viral attacks and simultaneously strengthen the immune system. This substance was Magnesium Chloride, prepared by Delbet in a 20 grams solution per liter of water.

Delbet and his students cured magnesium chloride with inflammation of the throat, asthma and allergic diseases, bronchopneumonia, influenza, food poisoning, gastroenteritis, abscess and boils, puerperial fevers, mumps. Delbet also devoted himself to the study of magnesium ratios and cancer and, after many clinical and laboratory experiences, concluded that magnesium also had a preventative action against tumors. Among other things, these assertions were subsequently confirmed by geological studies that established the existence of a relationship between the low magnesium present in the soil (and therefore the foods) and the number of cancer cases found in that same area. Recall that daily intake of a glass (about 100-120 milliliters) of the above mentioned Delbet solution can effectively contribute to supplementing the amount of magnesium introduced with the foods. You can use magnesium chloride in case of acute illness. The magnesium chloride solution to be used for the uses listed below is that obtained by dissolving 20 grams in a liter of water.

For the treatment of acute illnesses (influenza, colds, bronchitis, rhinitis, sore throat, rubella, measles), the following doses should be initially administered every 6 hours. In response to improvement, the dose may be given 8-12 hours. The administration should continue for 5-6 days after the disappearance of the most annoying symptoms (fever, redness, throat pain, nasal secretions, etc.)

For children up to 2 years: 60 ml (about 3 tablespoons of soup). For 3 year olds: 80 ml (about 4 soup spoons) For 4 year olds: 100 ml. For adults and children over 5 years: 125 ml (about two cups of coffee). It is possible that frequent administration (such as the one required in the most acute stages of the disease) results in a slight laxative effect. Apart from the fact that the cleansing of the intestine, in most cases, has a beneficial effect on the evolution of the disease, the phenomenon is however transient. In any case, it may be helpful to reduce the amount of each single dose while maintaining the frequency unchanged. Another problem, especially if magnesium chloride is intended for children, is the bitter taste of the solution. One can try to remind them that Fata Turchina, when giving a drug to Pinocchio, explicitly stated that "the more bitter medicine is and the better it is." But probably a more effective action to make the potion less unpleasant will consist in its dilution with added water with lemon juice, sugary to taste. The magnesium chloride dose can also be consumed by drinking small sips every 15/20 minutes. There are also commercially available tablets, more easily ingested by children and the elderly, given the flavor of magnesium chloride. Generally the tablets (eg SANTIVERI distributed by IBERSAN cost about 7?) Are 1 gram each.